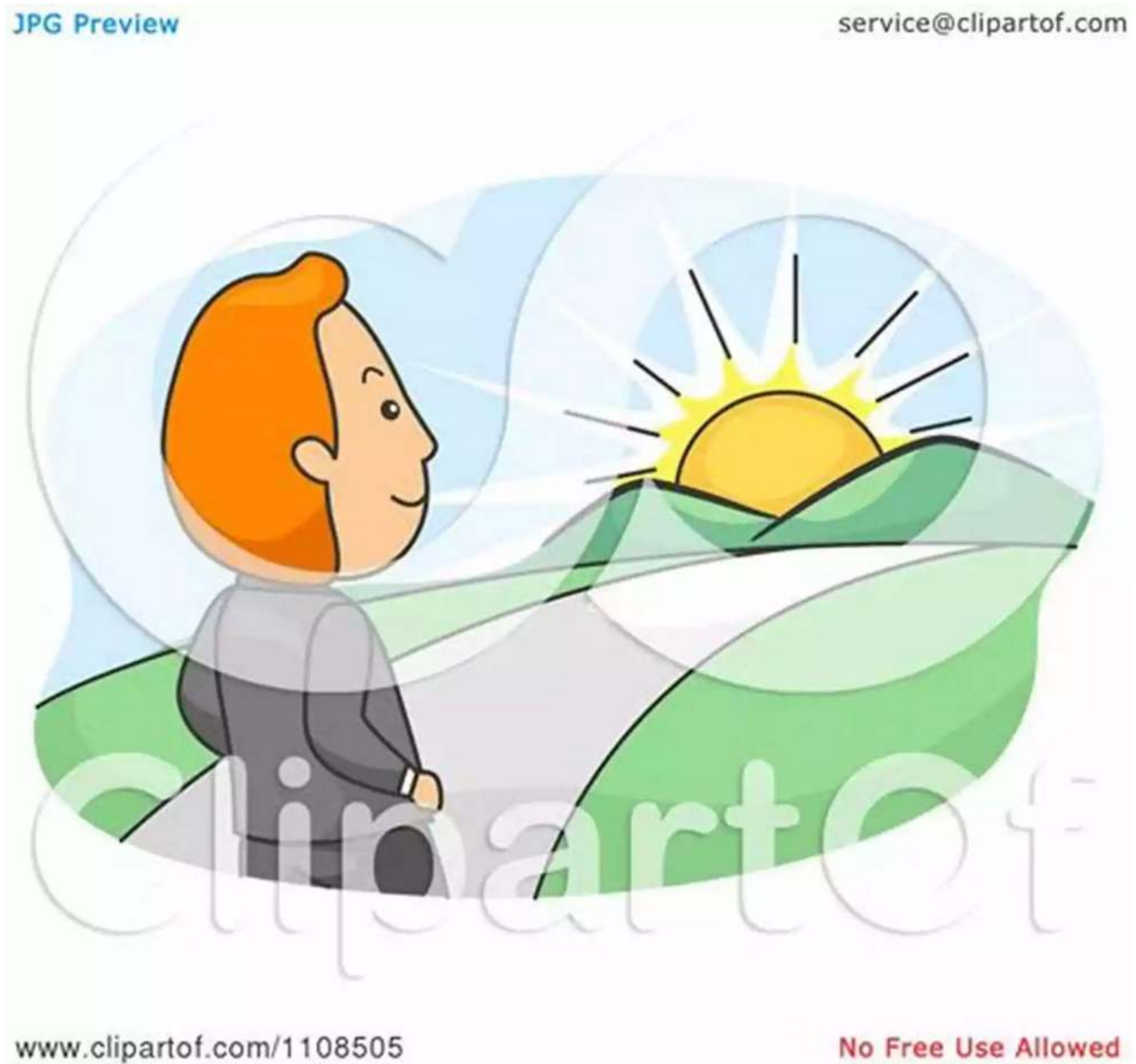


Early Recovery Poems From An Alcoholic - A Journey of Healing



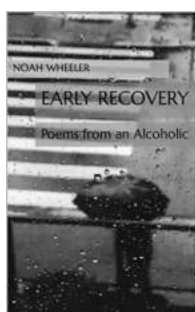
An Unforgettable Journey

Recovering from alcoholism is a profound journey that encompasses both physical and emotional healing. Along the way, individuals often find solace

in expressing their thoughts and emotions through various forms of art and writing, including poetry. These early recovery poems offer a glimpse into the raw, unfiltered emotions experienced by someone who has chosen to embrace sobriety.

The Power of Words

While the road to recovery is filled with obstacles and challenges, it is also a time of self-discovery and growth. Poems can serve as a powerful tool to help individuals process their thoughts, reflect on their past, and find hope for the future. Through artful composition, these poems allow us to witness the journey of an alcoholic as they navigate their way through early recovery. The words come alive on the page, offering a window into their mindset and the struggles they face.



Early Recovery: Poems from an Alcoholic

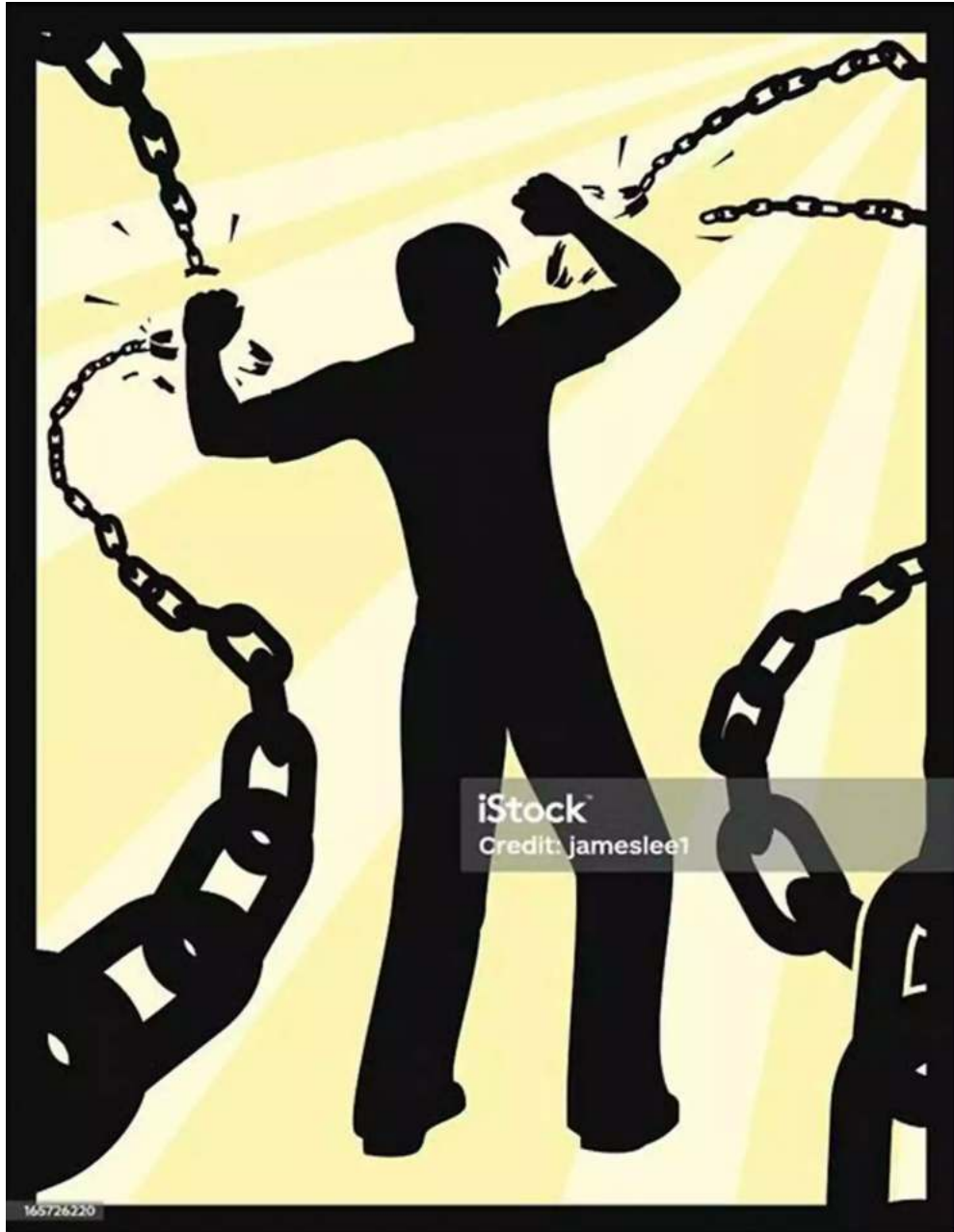
by Smiley Abrams(Kindle Edition)

★★★★★ 5 out of 5

Language	: English
File size	: 1586 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Print length	: 29 pages
Lending	: Enabled



1. "Breaking Free"



In the darkness, I once dwelled, Chained by my own desires I fell. The grip of addiction held tight, Consuming my days and haunting my nights. But no more shall I submit, For in recovery, I find my grit. Breaking free from this self-made cage, I rise above, a story of courage, not rage.

2. "A Journey Within"



In early recovery, I embark, On a journey within, a divine spark. To face my demons, to confront the pain, Through soul-searching, my strength I regain. Each step forward, a testament to my might, I shed my old self, embracing the light. A phoenix rising, from ashes reborn, Early recovery, a journey adorned.

3. "Whispers of Hope"



In the silence of surrender, I hear, Whispers of hope, drawing near. Guided by a force beyond my sight, Illuminating my path, shining bright. Sobriety becomes my guiding star, A beacon of hope, even from afar. With each passing day, I find strength anew, As these whispers of hope guide me through.

4. "A Bridge to Serenity"



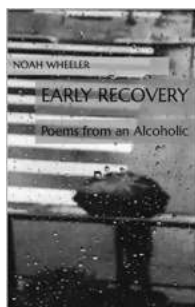
Early recovery, a fragile bridge, Leading me away from the chaos and the siege. On its planks, I tread with care, One foot in front of the other, aware. Serenity beckons from the other side, A respite from the storm, a place to abide. With each step forward, my spirit mends, A bridge to serenity, where healing transcends.

The Journey Continues

The poems above merely scratch the surface of the emotions and experiences encountered by individuals in early recovery. Each individual's journey is unique, and through the power of poetry, they find their own voice and way of expression. These heartfelt words encapsulate the pain, struggles, and ultimately, the strength exhibited during the early stages of recovery.

Early recovery poems serve not only as a personal catharsis for the writer but also as a source of inspiration and encouragement for others going through similar battles. In sharing their innermost thoughts, these poets open up a dialogue, fostering connection and understanding within the recovery community.

Early recovery poems give us a glimpse into the complex journey of an alcoholic seeking a better life. They serve as a testament to the resilience of the human spirit and the transformative power of sobriety. Through the art of poetry, individuals in recovery find solace, strength, and hope, reminding us all that healing is possible and that the journey is worth it.



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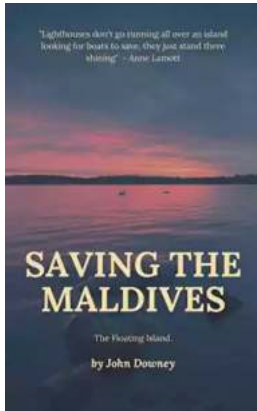
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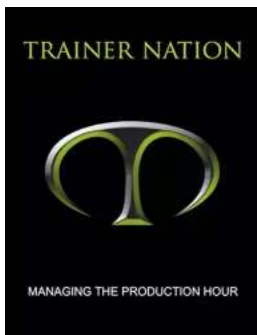


This collection of poems was written by Noah Wheeler during the first four months of his recovery from alcoholism, including his time at an inpatient rehabilitation facility.



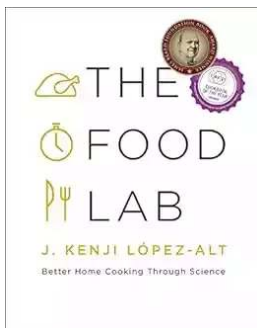
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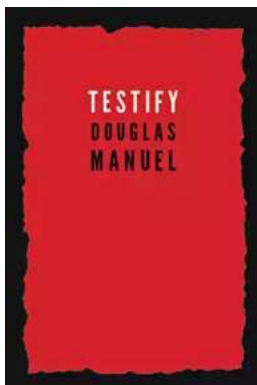
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